

Treynor Community School

"COMMITTED TO EXCELLENCE"



NEWSLETTER

February, 2013

"District Details" ... a few notes from Superintendent Elwood

Construction Update...

This winter, all of the "behind-the-scenes" work relating to final design, development of drawings, creation of bid documents and finalization of financing are all in full swing. We are hopeful that these tedious and time consuming preparations will quickly transition into a busy spring and summer of construction.

Here's a tentative timeline showing some of the milestones we are working toward:

- Construction documents will be completed by mid-February
- Bidding documents will be distributed to contractors for review and questioning from mid-February to early March
- Bids will be received and reviewed by mid-March
- Contracts will be awarded and mobilization of contractors will take place from mid-to-late March
- Construction begins on April 1, 2013 (weather permitting)
- Construction completed by August 9, 2013 (weather permitting)



Check out the timeline for the new athletic complex!

Special points of interest:

- ✓ Construction documents to be completed in February.
- ✓ Contracts to be awarded in March.
- ✓ Construction to begin again on April 1.
- ✓ Project to be completed by August 9th!
- ✓ Elementary playground renovations to take place during the months of June and July!

Elementary Playground Renovations...

When the athletic complex project was unveiled over a year ago, we also announced that part of our plan was to renovate the elementary school playground. Mr. Larsen is currently working with staff, students, and our engineering firm to re-design our playground space. We anticipate that this construction will occur during the months of June and July so that the new playground is ready for use by the start of next school year.

Thanks for your continued support of our students, staff and programs.

Go Cardinals!

Mr. Elwood

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CABIN FEVER? CATCH A CONCERT!



If you are feeling the winter blues, get out of the house and catch a concert! The high school winter concert will be held on Thursday, Feb. 7 at 7:30 p.m. in the auditorium. This concert will feature the high school choir, concert band, jazz choir and jazz band.

The Pops Concert is scheduled for Thursday, March 14 beginning at 5:30 in the west gym. This will include a meal along with small groups, jazz choir and jazz band. Get out of the house and support the arts!

CAUTION: Changes in weather arriving soon...

As the weather begins to change, school cancellations and early dismissals can occur at anytime. If severe weather causes school to be cancelled prior to the start of the day, we will try to have information to the media by 6:30 a.m. In addition to our school website, the media outlets that will carry our announcements this year are: **KMA, WOWT, KMTV and KETV.**



If weather or unforeseen circumstances (loss of power or water) should occur during the day and school is dismissed early, **PLEASE HAVE A PLAN IN PLACE WITH YOUR CHILD.** When early dismissals occur during the day, we usually have limited time to get information out and many parents aren't aware that an early out has taken place. Also, we have over 750 students in the district and only a couple of phone lines in each building. Don't assume that your child will be able to call you if a decision is made to dismiss school during the regular day. Have a plan in place! The elementary has forms for each parent to keep updated outlining your family's specific plan to deal with this type of situation. Parents of middle school and high school students need to discuss with their child what plan of action they will take in the event of an early dismissal during the school day. Proper planning now will provide assurance to you and your child that all will be okay should we ever have an unforeseen early dismissal.

A new Parent Notification system has been purchased to allow Treynor school officials to communicate school cancellations, early dismissals, emergency information, activity schedule changes and general notices or announcements to parents in a timely and efficient manner. Parents have the ability to sign up and select multiple methods for receiving notifications from the school (direct phone calls with recorded voice messages, text messages, emails, text-to-speech, TTY, Facebook, Twitter and RSS). Check the website for updates regarding this new service and sign up on the webpage by clicking on "Quick Links" and then "Notifications".

"SOUPER BOWL" FOOD DRIVE



The Junior Optimist Service Club will be having a "Souper Bowl" food drive on Super Bowl Sunday, February 3rd beginning at 1:00 p.m. Food and paper items will be collected. Refrigerated items are also welcome as well as cash donations which will be used to purchase meat. Items may be left outside front doors to homes in the Treynor Community. This is a national project of Junior Optimists International, a service organization which is open to all high school students. Treynor High School currently has thirty-five members. The food will go first to the local food bank with remaining items to MOHMS in Council Bluffs. Canned goods especially are appreciated.

FROM THE ELEMENTARY PRINCIPAL'S DESK



Although the students may disagree, I am personally pleased with the weather we have been enjoying during the month of January. Our students continue to perform at very high levels and have enjoyed many different activities, including the second round of DIBELS testing, Kindergarten Muffins for Moms, Cardinal Branch Bank, Lunch with Mr. Larsen, Elementary Art Attack, Junior Dance Camp, Invention Convention, 3-Hu Class of the Month pizza party, and our second Accelerated Reading Cardinal Cart of the year.

February proves to be very busy as well with our classroom Valentine's parties as the highlight. We also have our last Box Tops for Education submission on February 22nd, so please send those to school with your children as soon as possible.

As always, please feel free to contact me if you have questions, comments or concerns on happenings here at the elementary school!

Mr. Larsen
Treyvor Elementary School

UPCOMING ELEMENTARY EVENTS

February 6	Progress Reports Sent Home 1:00 p.m. Early Dismissal/Teacher Inservice
February 12	Jump Rope for Heart
February 13	Elementary Art Attack @ 3:30 p.m.
February 14	Elementary Valentine's Parties @ 2:15 p.m.
February 19	4th Grade NAEP testing
February 20	1:00 p.m. Early Dismissal/Teacher Inservice
February 27	Elementary Art Attack @ 3:30 p.m.



2012 ELKS HOOP SHOOT WINNERS

Congratulations to the following place winners in the annual Elks Hoop Shoot Contest held in Mr. Van Winkle's PE classes during the month of December:



Girls

1st Place
2nd Place

8-9 year olds

Livia White
Haedyn Jorgenson

10-11 year olds

Madison Shipley
Zoe Russ

12-13 year olds

Kayla Chapman
Konnor Sudmann

Boys

1st Place
2nd Place

Cade Carman
Owen Mieska

Jack Stogdill
Quinn Navara

Tom Duysen
Jerry Jorgenson

The first place winner in each age group advanced to the local Elks Hoop Shoot contest held at Wilson Junior High in Council Bluffs on Saturday, January 12th. We are proud that these students were such great representatives of Treyvor Elementary!

NOTES FROM THE MIDDLE SCHOOL PRINCIPAL MRS. BERENS



February 6
February 20
February 22

Progress Reports Sent Home
Teacher Inservice—1:00 Dismissal
MS “Red Hot Dance” 7:00-9:00 p.m.



**Parents—you are
a child’s first
teacher for char-
acter lessons!**

As we all know, it is never too early to begin teaching children how to be caring, confident, self-aware and respectful of those around them. Parents are a child's first teacher in teaching character lessons, so below are five tips *LaPetite Academy* shares with parents on how to raise “Kids of Character.”

1. **Volunteer with your child.** By making community service a regular part of your child’s life, you reinforce the importance of giving to others/sharing and help him or her develop a greater awareness of the world and the diversity of people in it. Volunteer outings together also provide great opportunities to spend quality time together as a family. At La Petite, kids are asked to join with parents in two annual fundraising events per year for the Make-A-Wish Foundation. The events are not only fun family activities, but also raise considerable money for a worthy cause.
2. **Treat others as you’d like your child to treat them.** You are your child’s first and most influential teacher and they are always watching you. “Modeling” your own kind and caring behavior towards friends and relatives is an effective way to teach your children how to be good to others. Show what being a good friend is about and tell your children how to treat people with kindness and respect.
3. **Be your child’s problem “helper” versus problem solver.** Guide and support your children as they work through conflicts or struggles, but avoid doing for them what they have the skills to accomplish on their own. Rather than anticipating and dissolving potential struggles for your child before they happen, become a partner and join his/her efforts to work through them together.
4. **Encourage your child to be truthful, but focus on correcting behavior versus pressuring them into “confessing.”** Children often stretch the truth or make up stories to avoid getting in trouble after misbehaving. By rationally focusing on a behavior problem rather than showing disappointment about your child’s cover-up/lie, you send a direct message that he or she shouldn’t fear being disciplined and thus telling a story is not necessary.
5. **Engage and involve your child in everyday tasks.** Asking for their help makes children feel useful and important. By regularly involving your child in age-appropriate jobs with you, you’re helping him/her develop a sense of responsibility and familiarity working with others.

MIDDLE SCHOOL “RED HOT DANCE”

The dance is on Friday, February 22 from 7:00—9:00 p.m. in the Middle School Commons area. The cost is \$3.00 and snacks will be available for \$1.00 each. Students are to dress semi-formal (no jeans). This dance is sponsored by the Middle School Student Council and the music will be provided by the high school Dance Team. We hope everyone will attend!



THOUGHTS FROM THE HIGH SCHOOL PRINCIPAL.....

MR. NAVARA

Can you believe it - we are almost $\frac{3}{4}$ of the way done with the 2012-2013 school year? I would like to thank everyone who has assisted me and my family in making this school year a successful one. I appreciate the students, staff and community for accepting me and my family. We are proud to call ourselves members of the Treynor community.



With school getting closer to the finish line, students need to start thinking about next year and their course selection. Treynor High School is blessed to have a great teaching staff who challenges our students to reach their full potential. Treynor High School is also blessed to provide an opportunity for our students to select a variety of courses and areas of study. One of those areas is Project Lead The Way. Project Lead The Way (PLTW) is the leading provider of rigorous and innovative Science, Technology, Engineering, and Mathematics (STEM) education curricular programs used in middle and high schools across the U.S.

STEM education is at the heart of today's high-tech, high-skill global economy. For America to remain economically competitive, our next generation of leaders -- the students of today -- must develop the critical-reasoning and problem-solving skills that will help make them the most productive in the world.

The PLTW Pathway To Engineering (PTE) program, which Treynor High School is excited to present, is a sequence of courses, which follows a proven hands-on, real-world problem-solving approach to learning. Throughout PTE, students learn and apply the design process, acquire strong teamwork and communication proficiency and develop organizational, critical-thinking, and problem-solving skills. They discover the answers to questions like how are things made and what processes go into creating products? Students use the same industry-leading 3D design software used by companies like Intel, Lockheed Martin and Pixar. They explore aerodynamics, astronautics and space life sciences. Hello, NASA. Students apply biological and engineering concepts related to biomechanics – think robotics. They design, test and actually construct circuits and devices such as smart phones and tablets and work collaboratively on a culminating capstone project. It's STEM education and it's at the heart of today's high-tech, high-skill global economy.

During the first year of implementation, schools are required to offer at least one of the foundation courses and ultimately implement both foundation courses and one or more of the five specialization courses and/or capstone course.

Foundation Courses

- **Introduction to Engineering Design (IED)**

- Which is offered this year at Treynor High School
- Designed for 9th or 10th grade students, fortunately THS will allow 11th and 12th grade students the opportunity to take
- The major focus of IED is the design process and its' application. Through hands-on projects, students apply engineering standards and document their work. Students use industry standard 3D modeling software to help them design solutions to solve proposed problems, document their work using an engineer's notebook, and communicate solutions to peers and members of the professional community.

- **Principles of Engineering (POE)**

- Which will be offered next year at THS
- Designed for 10th or 11th grade students, fortunately we will allow 12th grade students the opportunity
- This survey course exposes students to major concepts they'll encounter in a post-secondary engineering course of study. Topics include mechanisms, energy, statics, materials, and kinematics. They develop problem-solving skills and apply their knowledge of research and design to create solutions to various challenges, document their work and communicate solutions.

HIGH SCHOOL CONTINUED...

- **Digital Electronics (DE)**

- The third course which will be offered in the 2014-2015 school year
- Digital electronics is the foundation of all modern electronic devices such as mobile phones, MP3 players, laptop computers, digital cameras and high-definition televisions. Students are introduced to the process of combinational and sequential logic design, engineering standards and technical documentation. This course is designed for 10th or 11th grade students.

READY, SET, SPEAK! Speech Season is Underway



The Treynor speech program continues to flourish year after year under the direction of head speech coach Marilyn Abbott. This year we have over 80 students participating in large group and individual speech. Due to the continued growth and hard work of our students and coaches the expectations are once again set high for our thespians. District Large Group was held at Glenwood High School on January 19. After a day of outstanding performances, 13 groups (over 40 students) qualified for State Large Group. The State event will be held on February 2 at Waukee High School. Congratulations to Coach Abbott, Coach Graham, Coach Reed, and all the speech students on their success thus far.

As Large Group starts to wind down Individual speech will be kicking off soon. When you get a chance, stop by one of the upcoming contests to support our speech students.

February 2	State Large Group	Waukee High School
February 16	Large Group All-State	Iowa State University
February 21	WIC Individual Events Festival	Iowa Western Community College
February 23	District Individual Events	Logan-Magnolia High School
March 9	State Individual Events	Nevada High School

ANNUAL CHILI COOK-OFF



St. Paul Youth (SPY) is having their 8th Annual Chili Cook-Off on Sunday, February 10th from 11:30 a.m. to 1:00 p.m. in the middle school commons! Everyone is invited to join in the competition or just come and enjoy the many chilis, homemade chicken noodle soup, dessert bars and drinks. There is an adult division and a youth division (high school age and under) with categories for "Best Chili", "Best Creatively Named Chili" and "Best Presentation of a Chili" with prizes awarded for all! The free-will offering from this fun fellowship event goes to the SPY high school youth outreach activities. If you would like to join in the competition, please contact Denise Wilson at 487-3880 or 402-680-8172—we hope to see you there!

St. Paul Youth (SPY) says "THANK YOU" for the donations of coats, hats and gloves! We received 66 coats, 25 pairs of gloves and several hats and scarves that were taken to the Micah House and Mohm's Place—thank you for helping to bless those in need this cold winter season!



Cardinal Financial Literacy Update

UNDERSTANDING HOW TO BUILD YOUR CREDIT SCORE



Many Americans don't realize the importance of their credit record, yet it's something that is critical to their daily lives. Your credit record is especially important when it comes to making big purchases like a house or car. If you don't have a good credit history, you may be forced into a loan at a very high interest rate...that is, if you are able to secure a loan at all.

What makes up your credit score? Credit scores are used to rate the information in your credit report. They are calculated much like a traditional report card and are weighted based on a number of factors. There are many different credit scores with a variety of ranges. One of the most recognized is produced by FICO and has a range of 300 (for someone with poor credit) to a perfect 850. Here's approximately how it breaks out:

- **35 percent** of the score is based on your payment history. Paying your bills on time is crucial to a good credit score. On the other hand, if you've paid your bills late, filed bankruptcy, or have received collection notices in the past, your score will be negatively impacted.
- **30 percent** is based on outstanding debt. This portion is impacted by the total number of loans you have outstanding - such as your home mortgage, a car loan, any student loans or credit cards - and the balance on those loans.
- **15 percent** is based on the length of time you've had credit. The longer you've established credit, the better it is for your overall score.
- **10 percent** is based on new credit. This means you'll be penalized if you've opened too many credit card accounts in the last year, or even if you've had too many inquiries into your credit record.
- **10 percent** is based on the type of credit you currently have. This refers to various types of credit such as installment loans (like an auto loan), a revolving credit card account and a home mortgage.

Even though there are many factors which can impact your credit score, here are three simple ways to build good credit:

1. Pay your bills on time;
2. Eliminate outstanding balances on credit cards, since high debt can negatively affect your score; and
3. Don't open new credit card accounts if you don't absolutely need them. Maintaining good credit can mean an enormous difference in what you'll pay in interest rates over the years. According to myfico.com, a 100 point difference in your credit score could mean paying more than \$40,000 in extra interest payments over the life of a 30-year mortgage on a \$300,000 home loan.

To help you track your credit record, review your credit report regularly and monitor your activity. To get your free annual report to go www.annualcreditreport.com.



Happy Valentine's Day!

The cheerleaders would like to help you encourage someone this Valentine's Day. Carnations or milk chocolate candy bars can be delivered to any student, teacher or staff member at Treynor School.

Return one form for each recipient (with payment) to school office by Friday, February 8th. Checks can be made payable to Treynor Cheer.

The cost is \$2.00 for each carnation or candy bar if the order is placed by Feb. 8th

The cost is \$3.00 each for orders received after Feb. 8th.

Name of the person receiving the candy bar(s) or flower(s): _____
First & Last Name *Grade/Teacher*

Number of **carnations** _____ x 2.00 = _____

Number of **candy bars** _____ x 2.00 = _____

Message with Flower(s):

_____ I/We love you! From _____

_____ Happy Valentine's Day! From _____

_____ Friends Forever! From _____

_____ Write your own message: _____

Message on Candy Bar Wrapper(s):

_____ I/We love you! From _____

_____ Happy Val. Day! From _____

_____ Friends Forever! From _____

_____ Write your own message: _____



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Message on Candy Bar Wrapper(s):

_____ I/We love you! From _____

_____ Happy Val. Day! From _____

_____ Friends Forever! From _____

_____ Write your own message: _____

“JUMP FOR HEART” & “HOOPS FOR HEART”



The Treynor Dance Team is coordinating a fundraiser for the American Heart and American Stroke Association. The elementary students will be invited to collect donations and then participate in a Jump for Heart activity during the school day on Tuesday, February 12th. Prior to the event, elementary students will learn about heart disease and strokes.

Middle school students at Treynor will also be encouraged to collect donations and participate in a Shoot Hoops for Heart during the school day on Friday, February 15th.

Students that are successful in raising \$100 in donations will be given the opportunity to throw a pie in the face of a teacher or dance team member. The elementary students have identified the goal of raising \$5,000 and the middle school students have a goal of raising \$2,000. If the students reach their building goal, the principals have both agreed to “kiss a pig”. Thank you to Mr. Larsen and Mrs. Berens for being such good sports!

All of the donations that are raised by the Treynor students will be given in honor of Alex Hahn and Mr. Dan Vorthmann. Alex is a senior at the high school who suffered a stroke earlier this winter. He is back at school and moving toward full recovery. Mr. Dan Vorthmann is married to Dana and parent of 4th grader, Devin, along with his siblings and former graduates Vanessa and Morgan. Mr. Vorthmann suffered a stroke in December and is currently working through rehabilitation. We wish the best for these two individuals as they deal with the challenges of recovery. Our donations will be given in their honor and used toward research and improving the quality of life for stroke survivors. For more information you may contact Jann Strutzenberg, Dance Team Coach, jstrutzenberg@treynorcardinals.org or 712-487-3422.



ST. PAUL LUTHERAN ANNUAL GARAGE SALE



St. Paul Lutheran Church will be holding their annual garage sale on April 5th & 6th at Roger and Ann Vorthmann's shed at 31112 Highway 6. Any donations to this sale would be greatly appreciated—the proceeds from this sale will help with the expenses for the SPY high school youth's summer mission trip. Donations can be dropped off starting the afternoon of Sunday, March 31st through Wednesday night, April 3rd.

If you have donations and aren't able to deliver them, please contact St. Paul Lutheran Church at 712-487-3880 and we will arrange for them to be picked up that week.

OPEN ENROLLMENT DEADLINE

Parents/guardians considering the use of the open enrollment option to enroll their child/children in another public school district in the state of Iowa should be aware of the following dates:

March 1, 2013: the last date for regular open enrollment requests for the 2013-2014 school year, except for “good cause” reasons or kindergarten applications.

Kindergarten applications must be filed on or before September 1 of the school year in which open enrollment is requested. (September 1, 2013 for the 2013-2014 school year).

For further details, contact the school Superintendent's office at 712-487-3414.

Cardinal Counseling



Connections

Newsletter for HS/MS students and parents from the MS/HS counselor

Phone: 487-3181

Email: sirvin@treynorcardinals.org

February, 2013

Completing the FAFSA

February is a good month to get the FAFSA filed. If any students want to apply for financial aid, the FAFSA must be filed either electronically or on paper. FAFSA Day will be February 22 at Treynor High School. Seniors should have received a letter explaining the FAFSA Day and how it will work. It is totally optional to participate in the FAFSA Day, but if a senior family does not participate, they are still responsible to file the FAFSA on their own.

Why complete the FAFSA?

1. To qualify for federal and state financial aid programs based on need.
2. To be eligible for a federal Stafford student loan regardless of need or income.
3. Some colleges want a FAFSA filed before they distribute their own institutional financial aid (scholarships and activity awards)
4. Some scholarships require page one of the Student Aid Report to be included with scholarship materials. The Student Aid Report is generated by completing the FAFSA.
5. The FAFSA is free and it can possibly yield positive benefits. With some assistance and organization, it is not difficult to complete.
6. If a parent employment status would change due to illness or loss of job, it is nice to have filed a FAFSA for financial aid assistance.
7. You never know for sure what your financial aid status is until you complete the FAFSA.

Financial Aid Priority Dates

Be sure to complete the FAFSA before the financial aid priority date of the colleges that your student is considering. Those dates are listed in the ICAN *Financial Aid Guide* distributed at the financial aid meeting in November. See the Financial Aid page under Counseling of the Treynor school website to access the ICAN *Financial Aid Guide*.

Financial Aid Award Letters

To receive a financial aid award letter from a college, a student must have applied and been accepted to the college. The college needs to be listed on the FAFSA to receive the FAFSA information.

Student Aid Reports

After completing the FAFSA, the Department of Education will send a Student Aid Report (SAR) in which all the information entered in the FAFSA will be listed. Keep the SAR for future reference. If any of the information is not correct, contact your college financial aid office(s) and they can correct the errors for you.

If your student becomes interested in a college that was not listed on your FAFSA, you may call the college financial aid office and give them the DRN code listed on the SAR and they will be able to download the information from the FAFSA for the student.

Verification

Some colleges may send you a letter requesting verification of the numbers on the FAFSA. This does not mean that you made a mistake or are being accused of providing false information. Colleges are required to verify a certain percent of their incoming students by random draw. Some colleges require all prospective students to verify information. Follow the directions of the college financial aid office in completing verification. It is not a threatening process..

Getting Help with the FAFSA

Here are some sources for help to file the FAFSA:

- Iowa College Access Network (ICAN) College Planning Center: www.icansucceed.org or call 877-CPC-IOWA (877-272-4692).
- Federal Department of Education 800-4-FED-AID (800-433-3243)
- Call your prospective college's financial aid office.
- Contact your school counselor
- To file the FAFSA on-line, go to www.fafsa.ed.gov.

Need Money
For Your Education? Start Here

▶ www.fafsa.ed.gov

Registering with the Selective Service

Most male students must be registered with the Selective Service to receive federal student aid. Students who register for the Selective Service may use the FAFSA to do so. One of the questions on the FAFSA asks a male applicant if he wants the Selective Service to register him. Students can call the Selective Service toll free at 888-655-1825 for general information about registering or access. It is required by law that all males that reach the age of 18 must register with the Selective Service. The web site for the Selective Service is www.sss.gov.

Tips for Filing the FAFSA

From the Iowa College Access Network® (ICAN)

January marks the start of financial aid season for students planning to attend college this fall. Students need to fill out and file their Free Application for Federal Student Aid (FAFSA) form to qualify for federal financial aid. The FAFSA is a free form available from the U.S. Department of Education either online at www.fafsa.ed.gov or on paper by calling (800) 4-FED-AID. Although students and parents can fill out the form without professional assistance, the forms are often confusing. Use these tips to help ensure the FAFSA is correctly filled out.

Get PINs. Each student and at least one parent should request a personal identification number (PIN) from www.pin.ed.gov prior to filling out the FAFSA. The PIN allows parents and students to sign the online form electronically and make changes later.

Time it right. The FAFSA should be filed as soon after Jan. 1 as possible and before the priority filing deadlines at schools the student is applying to. Since students' and parents' most recent federal and state tax records are needed to fill out the form, the timing can be tricky. If necessary, tax and income information can be estimated to file the FAFSA in a timely manner; the FAFSA will need to be updated once taxes are filed.

Be complete and accurate. Filers should read all the directions carefully and fill out the form completely and accurately. Students and parents with questions can visit www.fafsa.ed.gov or contact the Iowa College Access Network (ICAN) for free assistance. Call (877) 272-4692 to make an appointment for one-on-one help over the phone or in either the Cedar Rapids or West Des Moines College Planning Center.

File electronically. Filing electronically is quicker than completing a paper form. Electronic filing also reduces errors and speeds up processing time.

Repeat once a year. The FAFSA needs to be filled out each year students plan to attend college.

Important Upcoming Dates

FAFSA Day	Feb. 22, 2013	11:00 am to 8:00 pm
Deadline for Treynor Local Scholarships	March 15, 2013	3:30 pm
National Honor Society Induction Ceremony	March 11, 2013	7:00 p.m.
Iowa Assessment Testing (K-11)	March 11-15, 2013	8:30-10:00 a.m. (at MS/HS)
Freshman Orientation for 8th Graders	March 25, 2013	7:00 p.m.
Graduation	May 12, 2013	2:00 p.m.

2012-13 Remaining ACT Test Dates

Test Date	Registration Deadline	Late Fee Required
April 13, 2013	March 8, 2013	March 9-22, 2013
June 8, 2013	May 3, 2013	May 4-17, 2013

Treynor ACT School Code: 164-320

To register online for the ACT go to: www.actstudent.org

Check out Scholarship Central on the THS Website

Scholarship Central is your one-stop information page on scholarships. Access this page through at www.treynorschools.org and click on Counseling. This page is exclusively devoted to scholarship information. There are download links, updated scholarship information, and helpful links for scholarship information and searches.

The uniform application for all Treynor local scholarships may be downloaded from the page. The deadline to apply is March 15, 2013.

The Iowa College Access Network (ICAN) recommends the following steps for scholarship applications.

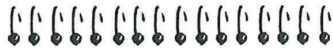
- **Start early and don't stop.** If you're in high school, begin searching for scholarships early in your junior year. Many opportunities exist for college students as well, so you should continue looking for them into your final year of college.
- **Look locally first.** Ask your school counselor or college financial aid office about opportunities they're aware of. Then contact community and religious organizations, your and your parents' employers, professional organizations and area businesses.
- **Expand your search.** Check with the college you plan to attend and any student organizations you are or plan to be involved with. Don't pay for scholarship services; free online search services can match your unique background and qualifications against a database of scholarship opportunities.
- **Get organized.** Keep applications, deadlines and requirements for each scholarship together, and make a plan for submitting everything on time. Remember to give people plenty of time to write letters of recommendation for you.
- **Understand the mission.** Take the time to understand the goal of the organization awarding the scholarship. You can then demonstrate how your qualifications promote or meet that goal.
- **Complete the form neatly and accurately.** If you're submitting a paper application, make a copy of it first. You can use the copy as a rough draft and use the original for your final answers. Make sure you fill in every line legibly and accurately.
- **Show your best side.** Remember that your scholarship application is likely the only impression the judges will have of you, so offer the best picture you can by being professional, using vivid examples and expressing your excitement about and gratitude for the opportunity.
- **Write a winning essay.** Address the topic completely while including details about yourself and your ideas. Develop a theme around your main topic. Your essay should follow a logical order and conclude smoothly. Have others read it for errors and proofread it carefully.
- **Include a resume or profile.** List your memberships, participation, honors and awards, employment, and future plans and goals.
- **Mind the little things.** When you submit your application, pay attention to the details: Include materials in the order requested, don't include extra materials and don't use special packaging or folders unless you're asked to do so.

The outreach representatives at ICAN's College Planning Centers in Cedar Rapids and West Des Moines can help students with scholarship applications and searches, as well as other college planning needs. All ICAN services are free and available in person or over the phone. Spanish-speaking representatives are available. Call (877) 272-4692 for an appointment.



Ready to File the FAFSA? Here's What You'll Need

Filing for financial aid is less stressful when you are prepared. Use the checklists below to help you fill out the Free Application for Federal Student Aid (FAFSA).*



HELPFUL TIPS

When should I file the FAFSA?

Each college has a priority deadline for the FAFSA. You need to file the FAFSA before the priority deadline. If you are applying to multiple schools, file by the earliest deadline.

Using 2012 tax information and the IRS Data Retrieval Tool to file.

If your taxes can be completed prior to the priority deadline, you should wait to file and use your 2012 taxes. Ideally you should wait 2 weeks after submitting your taxes so the IRS Data Retrieval Tool within the FAFSA application can be used to automatically pull your tax information into your FAFSA application.

Student:

- Social Security number, driver's license number and date of birth.
- 2012 federal and state tax returns (or 2011 if you haven't filed yet).
- W-2 forms and/or other records of income earned in 2012 (or your last pay stub from 2012 if you haven't filed yet).
- Current bank statements and investment records.
- Records of untaxed income received in 2012 (e.g., veterans benefits, child support received, etc.).
- 2012 business and farm records.
- Alien registration number, if not a U.S. citizen.
- A federal personal identification number (PIN) is recommended, but not required.

Parent(s):

- Social Security numbers and dates of birth.
- 2012 federal and state tax returns (or 2011 if you haven't filed yet).
- W-2 forms and/or other records of income earned in 2012 (or your last pay stub from 2012 if you haven't filed yet).
- Current bank statements and investment records.
- Records of untaxed income received in 2012 (e.g., veterans benefits, child support received, etc.).
- 2012 business and farm records.
- Alien registration number, if not a U.S. citizen.
- A federal personal identification number (PIN) is recommended, but not required.

One PIN or Two?

If you and your parent(s) each want to electronically sign the FAFSA, you each need to have your own PIN. The FAFSA requires the student and ONE parent to each sign the FAFSA with a unique PIN number. To request a PIN, go to www.pin.ed.gov.

Questions?


Call ICAN at (877) 272-4692 or e-mail ICAN@ICANSucceed.org.

February 2013



Happy Valentine's Day!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 9th G BB @ T-C 4:30 G & B JV/Var BB @ T-C 6:00/7:45	2 Sectional Wrestling @ Underwood 12:00 State Large Group Speech @ Waukee G & B JV/Var BB Clarinda Here 6:00/7:30
3	4 State Jazz Choir @ Audubon JH Girls BB AHST Here 4:15	5 Girls JV/Var BB @ Carroll Kuemper 6:00	6 Teacher Inservice Early Dismissal @ 1:00 Progress Reports	7 Girls JH BB @ Mo Valley 4:15 JH Wrestling Here 4:15 HS Winter Concert 7:30	8 Boys JV/Var BB Fremont-Mills Here 6:00/7:30	9 District Wrestling Bluffs Jazz Festival @ A.L.
10 Chili Cookoff in MS Commons @ 9:00	11 G & B Track Practice Begins; JH Girls BB Audubon Here 4:15; JH Wrestling @ Mo Valley 4:15 Boys District BB @ 7:00	12 Elem. Jump Rope for Heart; JH Girls BB @ Griswold 4:15; JH Wrestling Here @ 4:15; Girls Regional Basketball Here @ 7:00	13 Elementary Art Attack @ 3:30	14  Elem. Valentine Parties @ 2:15 State Wrestling @ Des Moines JH Girls BB @ AHST 4:15 Boys District BB @ 7:00	15 State Wrestling @ Des Moines Girls Regional Basketball Here @ 7:00	16 State Wrestling @ Des Moines All State Large Group Speech @ Ames
17	18 JH Girls BB T-C Here 4:15 JH Wrestling @ Underwood 4:15; Girls Regional BB @ Denison 7:00	19 Boys District Basketball 4th Grade NAEP testing	20 Teacher Inservice Early Dismissal @ 1:00	21 SWIBA District Jazz Fest @ Audubon Speech Workshop @ IWCC JH Girls BB @ Riverside 4:15	22	23 District Individual Speech @ A.L. Boys SubState Basketball
24	25 Girls State Basketball	26 JH Wrestling Here 4:15 Girls State Basketball	27 Girls State Basketball Elementary Art Attack @ 3:30	28 Girls State Basketball		

March 2013



Happy St. Patrick's Day!
Happy Easter!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Girls State Basketball	2
3	4 Boys State Basketball	5 Boys State Basketball	6 Teacher Inservice Early Dismissal @ 1:00 Boys State Basketball	7 Jazz Choir Contest @ IWCC Bloodmobile in East Gym Boys State Basketball Elem. Night of the Arts	8 State Individual Speech Boys State Basketball	9 State Individual Speech
10	11 National Honor Society Induction Ceremony @ 7:00 in Auditorium Iowa Assessments Testing Week	12 Honor Choir	13 Elementary Art Attack @ 3:30	14 Pops Concert @ 5:30 in West Gym	15 End of 3rd Quarter EARLY DISMISSAL @ 2:00	16
17 	18 JH/HS WIC Honor Band @ Mo Valley Elementary Scholastic Book Fair Week	19 2:00 Dismissal Parent-Teacher Conferences 4:00—8:00	20 Music Dept. Tour to Chicago	21 2:00 Dismissal Parent-Teacher Conferences 4:00—8:00	22 NO SCHOOL WIC Weightlifting Championships @ 4:30	23
24	25 All State Festival; Freshmen Orientation @ 7:00 in Auditorium	26 Vocal Jazz Championships @ Huxley-Ballard HS Boys Track @ Audubon 4:30	27 Elementary Art Attack @ 3:30	28 NO SCHOOL INSERVICE Girls Golf @ A.L. 9:30 am Girls Track @ Audubon 4:30	29 NO SCHOOL	30



TREYNOR COMMUNITY SCHOOL
February, 2013 Breakfast & Lunch Menus



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Juice or Fruit Choice of Cereal Muffin Square	5 Juice or Fruit Whole Grain Pancakes Syrup	6 Juice or Fruit Choice of Cereal 1/2 Bagel	7 Juice or Fruit Breakfast Bagel	8 Juice or Fruit Choice of Cereal Toast
Chicken Wrap Romaine & Tomato Mix Spanish Rice Steamed Carrots Tropical Fruit (6-12 Salad Bar)	Hamburger on Bun Lettuce & Tomato Sweet Potato Puffs Mixed Fruit Gelatin w/Juice (4-12 Salad Bar)	Chicken Noodle Soup Grilled Cheese Green Beans Applesauce (4-12 Salad Bar)	Taco Salad Whole Grain Corn Chips & Salsa Refried Beans Cinnamon Puffs Orange Smiles (4-12 Salad Bar)	Hot Dog on Bun Potato Wedges Broccoli w/Cheese Chilled Peaches (No 2nd Choice)
11 Juice or Fruit Choice of Cereal Cinnamon Toast	12 Juice or Fruit French Toast Sticks Syrup	13 Juice or Fruit Choice of Cereal Granola Bar	14 Juice or Fruit Breakfast Square	15 Juice or Fruit Choice of Cereal Muffin
Mac & Cheese Mini Corndog Seasoned Peas Fresh Carrots WG Bread/Jelly 9-12 Apple Wedges (6-12 Salad Bar)	Chili Soup Whole Grain Corn Chips Celery & Cucumbers Cinnamon Roll Orange Smiles (4-12 Salad Bar)	Cheese Pizza Tossed Salad/Romaine Garlic Bread Stick w/Marinara Sauce Banana (4-12 Salad Bar)	Sweetheart Nuggets Mushy Potatoes/Gravy Fresh Vegetables Red & White Cake Rosy Applesauce (4-12 Salad Bar)	Chicken Patty on Whole Grain Bun Lettuce & Tomato Mixed Veggies Tropical Fruit (2nd Choice—Fish)
18 Juice or Fruit Choice of Cereal Toast/Jelly	19 Juice or Fruit Pancake Stick Syrup	20 Juice or Fruit Choice of Cereal Popart	21 Juice or Fruit Biscuits/Gravy 6-12 Breakfast Bagel K-5	22 Juice or Fruit Choice of Cereal Muffin Square
Taco Soup Whole Grain Corn Chips Fresh Broccoli Sliced Pears Snickerdoodle (6-12 Salad Bar)	Meatball Sub Lettuce/Tomato Tri Tater Green Beans Fresh Kiwi Cherry Crisp 6-12 (4-12 Salad Bar)	Beef & Noodles Mashed Potatoes Fresh Baby Carrots Blueberry Oat Muffin Pineapple Tidbits (4-12 Salad Bar)	Whole Grain Corndog Garden Spinach Salad Seasoned Peas Orange Wedges (4-12 Salad Bar)	Nachos w/Beef Steamed Corn Pineapple Chunks Whole Grain Krispy Bar (No 2nd Choice)
25 Juice or Fruit Cereal Bar String Cheese Citrus Fruit Cup	26 Juice or Fruit French Toast Sticks Syrup	27 Juice or Fruit Choice of Cereal 1/2 Bagel	28 Juice or Fruit Sausage Links Eggs	1 Juice or Fruit Choice of Cereal Toast/Jelly
Grilled Chicken on Bun Oven Fries Seasoned Corn Sliced Pears (6-12 Salad Bar)	Stromboli Garden Peas Fresh Carrots Strawberries/Bananas (4-12 Salad Bar)	Pasta/Sauce Garden Spinach Salad Apple Wedges Hot Garlic Bread (4-12 Salad Bar)	Turkey & Cheese Sub Lettuce & Tomato Oven Fries Sliced Peaches Graham Snacks 9-12 (4-12 Salad Bar)	Country Style Beef Patty Mashed Potatoes/Gravy Steamed Broccoli Wheat Roll/Jelly 6-12 Pineapple Chunks (2nd Choice—Fish)

Elementary: \$1.00 Breakfast—\$1.75 Lunch; Extra Milk \$0.50

MS-HS: \$1.00 Breakfast—\$1.90 Lunch; Extra Milk \$.050

Breakfast includes 100% juice and a milk choice. All lunches include a fruit choice available each day, whole grain bread and buns are served along with a daily milk choice.



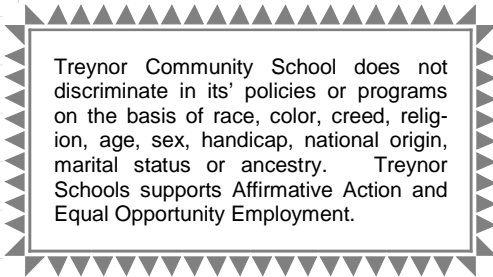
**Trey nor Community
School**

PO Box 369
Trey nor, IA 51575
Phone: 712-487-3414
Fax: 712-487-3332



POSTAL CUSTOMER

ADDRESS SERVICE REQUESTED



DONATIONS FOR AFTER PROM NEEDED

The After Prom Decorating Committee is in need of the following items. If you have any of these items you would like to donate, please contact Penny Nelson at pennynelson@yahoo.com or call/text 402-740-3061. Thank you!

Small table/chairs - need 2-3 bistro style

Garden Benches – need 6-8

Shutters – 2 (1 pair) either white or black or something we could paint. At least 36" long

White Christmas Lights – that work- lots

Silk Plants/trees/vines – with or without flowers

Large cardboard pieces

2 cans beige/neutral paint

2 cans of black paint

Paint brushes/rollers

1- 4x8 sheet of plywood 1/2 to 3/4 inch

2- 2x12x8ft boards

