

Treynor Community School

"COMMITTED TO EXCELLENCE"



NEWSLETTER

October, 2015

"District Details" ... a few notes from Superintendent Elwood

Treynor Community School's Website.....

Are you looking for information or activities taking place in "Cardinal Country"? If so, one of your first stops should be the Treynor Community School's website. Our school website is your electronic link to a variety of information taking place within the school district. You can access the daily announcements, student handbooks, weekly activities, counseling center information, the school year calendar and activities calendar, your student's grades, lunch account balances, school board meeting details, district testing data, teacher web pages, social media links, and much more. If you haven't taken time to explore the Treynor Community School's website, please check it out soon. The website can be found at www.treynorschools.org. Add this site to your bookmarks list and check back weekly.



Check out the school's website for all the news and activities!

Special points of interest:

- ✓ Use Treynor Community School's website to access all school news, information and activities.
- ✓ School board members for 15-16.
- ✓ Thank you to Jerry Hempel & Randy Young for their service to Treynor Schools.
- ✓ School Improvement Advisory Committee meeting was very informative!
- ✓ Go Cardinals!

School Board Update...

Iowa public schools are recognized as among the best in the country. One foundation for that quality is the passion and commitment of community leaders serving on public school boards. These locally elected community volunteers personify the value Iowans place on excellence in education. When you get a chance, please thank your local school board members for the time and effort they contribute each year. The Treynor school board members for 2015-16 are: Kent Boese, Gary Funkhouser, Amy Graber, Sally Myers and Erica Schnepel.

Jerry Hempel and Randy Young have both served for multiple years on the Treynor Board of Education. Mr. Young has been a board member for the last 4 years and Mr. Hempel has invested 14 years of service. When you see these dedicated leaders around the community, please take time to thank them for their service.

School board meetings will be held on the second Monday of each month beginning at 6:30 p.m. Meetings are held at the middle/high school and are open to the public. Courtesy agendas are posted on the website for Treynor Schools (www.treynorschools.org) and in the Gazette newspaper. The official agenda for each meeting is posted in the Superintendent's Office.

School Improvement Advisory Committee...

Each year the School Improvement Advisory Committee (SIAC) meets to review district data and provide feedback for establishing annual goals. On September 30th, a group of individuals representing students, staff, parents, school board and community attended the annual meeting. In addition to reviewing data, the meeting also included "student showcases" highlighting activities from each of the buildings. First, Mrs. Lammert, with the assistance of elementary students, showcased the new iPads being utilized this year. Then, Mr. Rucker, Mrs. Castle and a few middle

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“District Details” continued....

school students demonstrated how the new Chromebooks are being used to keep track of daily work using the My Homework app. Finally, Mrs. Coughlin, along with some high school students, showcased the Hapara program that is part of our new technology rollout. A special thanks to our students and teachers for their participation at this year’s meeting.

Information from the SIAC meeting will be posted on the Treynor School’s website for anyone interested in viewing the data (www.treynorschools.org). After accessing the school website, click on the “District” tab and then click on the “Data” tab.

As always, thank you for supporting the Treynor students, staff and programs!
Go Cardinals!

Mr. Elwood

CASH FOR STUDENTS PROGRAM



The “Cash for Students” program has begun. Hy-Vee cash register receipts dated from September 1 through December 31, 2015 will be collected in the Elementary, Middle School and High School offices. Hy-Vee gives back \$1.00 for every \$200 spent in any of the fourteen Omaha and Council Bluffs locations up to a maximum of \$2,000. Over \$403,000 in much needed funds has been donated to area schools as a result of this program.

All of our proceeds go to the Athletic Booster Club. Remember to save your receipts and turn them in to any of the school offices!

TREYNOR PRIDE

Accolades go out to the Cardinal student-athletes, coaches, parents and community from the Iowa High School Athletic Association (IHSAA) for being one of 171 schools in the state of Iowa not to have a student-athlete or coach ejected during the 2014-2015 school year. Many times athletics and its’ supporters dwell on the negatives. However, this is a time to take great pride. The Treynor Activities Department asks that when at an activity, we continue to witness and demonstrate good conduct from our student-athletes, coaches, parents and community. As we read at home events: “let the players play, the coaches coach, and the officials officiate. Sportsmanship is an expectation.”



With the start of the 2015-2016 school year, we hope this news from the IHSAA launches us into another great year of Cardinal activities. Treynor activities will continue to strive for excellence in its’ programs and staff, both on and off the competition field. Show support and cheer on the Red and White. Go Cards!

FROM THE ELEMENTARY PRINCIPAL'S DESK



I can't express my feelings enough about how I feel about being here at Treynor Elementary. The vibe of the whole school is a really positive one, with a lot of great quality teaching happening every day. The school community should be so proud of how well the school runs, how well the students behave, and how organized and well-planned the teachers are. Thank you to all the students, staff and parents who have taken the time to welcome me and help me get acclimated to the school community.

So far, students have been busy with all the different activities going on at the school which includes: Cards for Success drawings, TS Bank/Cardinal Branch opening, preparing for Homecoming, Girl/Boy Scouts, Class of the Month Pizza Parties and numerous other activities. We are looking forward to offering our first Accelerated Reader Cardinal Cart, Fall Harvest parties, and our upcoming 2nd Grade field trip this October.

Just a quick reminder regarding Elementary Drive and parking along the fire lane. If you are going into the building for ANY length of time before 8:30 a.m. or after 3:00 p.m., please pull into a parking stall or park your vehicle down towards the east end of the building. Also, please pull over to the side of Elementary Drive when dropping off and picking up students. Remember, Elementary Drive is ONE WAY between 8:00—9:00 a.m. and 3:00—4:00 p.m. Thanks for your assistance in these matters and for helping us keep kids safe.

Feel free to stop in and say hello anytime or if you have concerns, please call or email me at 712-487-3422 or jkay@treynorcardinals.org. Thanks for all of your support!

Mrs. Jillian Kay
Treynor Elementary Principal

UPCOMING ELEMENTARY EVENTS

- | | |
|------------|--|
| October 2 | Homecoming |
| October 6 | Boy Scout Recruiting Event |
| October 7 | Donuts for Dads (Kindergarten)
Early Dismissal at 1:00 p.m. for Teacher Inservice |
| October 8 | 2nd Grade Field Trip to Gifford Farm |
| October 9 | Picture Retakes |
| October 12 | School Board Meeting at 6:30 p.m. |
| October 16 | Fall Harvest Parties |
| October 21 | NO SCHOOL—Teacher Inservice |
| October 26 | Rockin' Prevention Assembly |



NOTES FROM THE MIDDLE SCHOOL PRINCIPAL MRS. BERENS



October 2
October 7
October 21
October 30

Homecoming Festivities
Early Dismissal—Teacher Inservice
No School—Teacher Inservice
Early Dismiss—End of 1st Quarter



We are off to a busy, but great start this school year in the middle school! Earlier this month, our students selected two boys and two girls from each grade level to be student council members. These students have already met once in planning for the school year's activities. They will be taking part in making posters for homecoming week in our building (Sept. 28—Oct. 2) and also plan to organize the following activities in the middle school: Red Ribbon Week, coordinate some service learning projects, plan for fundraising activities during half-time of basketball games, and plan for both a dance and an activity night later in the year. Those students selected for student council are as follows: Payton Chapman, Tyler Christensen, Rachel Kinsella, Nora Beekhuizen, Blake Sadr, Dawson Goss, Mia Shipley, Sylvia Poulos, Quinn Navara, Max Hayes, Clarissa Weitzel and Allison Young.

Homecoming activities on October 2nd!

Something that we have continued on with from last year is our Card Pride Time at the end of each day. We will be incorporating such things as: silent sustained reading, grade checks/monitoring between teacher and each student, goal setting, organization, giving affirmations to others, time for struggling students to get help from a particular teacher, and Olweus (anti-bullying program) discussions. We found real value in this time last year and expect it to be just as important this year.

Julianna Hrasky, the district's TAG teacher, will continue working with our middle school teachers and students throughout the year. She started to incorporate "Battle of the Books" this past year and plans to do this again this year. "Battle of the Books" is a fun opportunity for seventh and eighth graders to experience a variety of books, test their knowledge and understanding of what they've read and compete with other readers from area schools in Southwest Iowa. Teams of students read books from a list of 20 award winning titles and then "battle" over questions pertaining to each book. In April, the top 20 area teams will compete in the Ultimate Battle for the victor's title. We feel that this will be a great way to promote reading, but also an outlet for those students who already love to read. Good luck to our Treynor teams!

In closing, we are looking forward to homecoming week and all of the festivities that will come with it. This year, we have a team of teachers that are organizing a city-wide service learning project in which all of our students 6-12 will participate. This will be done on Friday morning, October 2. Look for our students and teachers out in the community doing their part to make our community great!

As always, if you have any concerns or questions please feel free to call or stop by my office. Thanks for all of your support!

Mrs. Berens
Middle School Principal



THOUGHTS FROM THE HIGH SCHOOL PRINCIPAL.....

MR. McNEAL

The 2014-2015 school year has gotten off to a great start. It's hard to believe that we are already about halfway through the first nine weeks.



My transition to being the Treynor High School Principal has been very smooth. I give much credit to the policies, procedures and expectations that were already in place. I appreciate the willingness of the other Administrators and the High School Staff to answer the many questions I have asked and to readily accept me as part of the Treynor School family.

I have been amazed with the students here at Treynor and the high expectations they have for their daily effort, attitude and behavior. Needless to say, it has been very refreshing.

The athletic teams have gotten off to a good start and we wish them continued success and improvement. The Marching Band has been entertaining and we wish them good luck in their upcoming competitions.

Student Council members and Class Representatives were recently elected. Those students are listed below:

	<u>Seniors</u>	<u>Juniors</u>	<u>Sophomores</u>	<u>Freshmen</u>
President	Katie Suden	Bailey Anderson	Mitchell Griffin	Kyle Christensen
Vice-President	Hannah Carolus	Morgan Showalter	Dean Bedell	Molly Griffin
Secretary	Zach Schechinger	Aly Anderson	Justin Cox	Sydney Huisman
Treasurer	Grant Mantell	Cameron Graber	Meaghan Cox	Noel James
Student Council	Taylor McIntyre Dalton Clark	Anna Teigland Cole Weitzel	Payton Livengood Gabe Carolus	Jerry Jorgensen Isabelle Kudron

Student Body President: Katie Suden

Student Body Vice-President: Hannah Carolus

Homecoming is on Friday—October 2. Please check out the school website for additional information.
<http://www.treynorschools.org>

A new and innovative program has been introduced during Card Pride called “Peer Coaching”. This program was originated, developed and is managed by high school students.

The purpose of this program is to provide opportunities for students to help other students improve their academic performance. Students with lower grades are strongly encouraged to attend as well as upper level students who wish to participate in study groups to prepare for rigorous coursework and assessments. “Peer Coaching” is in its’ beginning phase and I know that it will grow, and as it grows, student achievement will increase.

I’m very much looking forward to a successful and eventful school year. Please don’t hesitate to give me a call (712) 487-3804 or send me an email, gmneal@treynorcardinals.org, if you have any questions or concerns.



Gary McNeal
High School Principal



SENIOR ADS FOR 14-15 YEARBOOK

SENIOR AD ORDER FORM

Do you want to congratulate your son or daughter on graduating and tell them how proud you are of them? If so, Treynor Yearbook is now offering a way to personalize senior ads how you'd like! This is a great way to recognize them and give them credit that's not possible any other way for their 13 years of schooling. So reserve your space NOW by filling out the order form below.

Ad orders and payments are due by October 30, 2015. Pictures and text may be submitted by April 1, 2015. Mail or deliver ad orders to: Mrs. Coughlin at the high school, or to the high school office. For more information email Mrs. Coughlin at ecoughlin@treynorcardinals.org

Photo Submission Guidelines: Do not cut, glue, paperclip, or tape photos; however copy photos(MUST BE HIGH QUALITY COPIES -at least 300 dpi) should be submitted in place of irreplaceable pictures. The school, yearbook staff, or yearbook company do not accept responsibility for lost or damaged pictures. Please put your name, address, and phone number on the back of each photo written lightly only in pencil. All ads will be in color.

See Mrs. Coughlin if you'd like to see some sample ads. Thanks!

____ 1/8 page - \$25

____ 1/4 page - \$50

____ 1/2 page - \$100

____ Full page \$200: If you wish to design the ad, just sketch it out on a separate piece of paper, and tell us where you would like the photos placed. All fonts are picked by the yearbook staff and will be the same through the senior ads. You may also completely design your own ad.

Measurements are all in picas. Six picas= One inch.

Student Name: _____

Is the ad is a surprise: _____ Yes _____ No

Parent/ Purchaser's name: _____

Parent/ Purchaser's email: _____

Parent/ Purchaser's phone number: _____



FOOD SERVICE POSITION AVAILABLE



Treynor Community School has a position open in food service. Hours are from 10:30 a.m. until 1:45 p.m. An application form is available in the Superintendent's Office or on our website, www.treynorschools.org, under the District tab, Job Openings.

If you would like more information or have questions regarding the opening, please contact Carol Leaders at the high school building, 712-487-3414.

HOMECOMING LUNCH AVAILABLE

A meal deal for \$5.00 will be served in the Zion Congregational Church parking lot on Main Street from 11:30 a.m. to 1:30 p.m. on Homecoming, October 2. The meal includes sloppy joes, chips, cookie and a drink. All funds raised will go toward mission projects.



JOOI CLUB



Over 40 students were in attendance at the first JOOI Club meeting. Welcome notes were sent to the new high school teachers. Seven members volunteered to assist with the community dinner Oct. 14, to honor the deputies and firemen. They are Alex Lowe, Taren Vacanti, Alora Nowlin, Haylie Faubel, Courtney Allen, Amanda Stephens and Taylor McIntyre.

Future projects are to cut materials for a "Sole Hope" project which will enable young children in Uganda to be able to have shoes. Milk cartons and denim are used and natives of Uganda assemble the parts using tires as soles to make the completed shoes which are needed by the children. There is a serious situation caused by jiggars which causes young people to eventually have deformed feet due to an infestation of the eggs from a worm-like insect that bores into their bare feet.

Other projects will be the annual "Souper Bowl" food drive around the time of the Super Bowl game, and the baking of cookies to be included in Christmas boxes which are sent to U.S. troops around the world. Last year the JOOI members baked 800 cookies. This year the dough has been donated and an even greater amount are expected to be contributed by our JOOI Club.

The officers are Dalton Clark, president; Taren Vacanti, vice-president; Zach Schechinger, secretary; and Zach Mass, treasurer. Several members of the club will be assisting with the homecoming parade. There will be a number of other projects throughout the year. All 9-12 students are invited to join. The dues are \$10 for the year.

FINANCIAL LITERACY NEWS



Teaching Your Kids Good Money Habits



According to results of a recent [Financial Literacy Survey](#) by Harris Poll on behalf of the National Foundation for Credit Counseling (NFCC), 59 percent of respondents said they deserved a grade of "A" or "B" when it comes to their personal financial knowledge. However, 70 percent said they were somewhat worried about their personal finances; 60 percent don't have a budget and 24 percent are not paying their credit card bills on time.

Based on these results, in addition to needing help for themselves, some parents may need help in getting their children and teens off on the right financial footing, too.

There are many opportunities outside of the home for children to learn about money. However, the lessons they

learn in the home are among the most valuable and make the biggest impression on their life-long attitudes about spending, saving and living a healthy financial lifestyle.

And while you may not possess formal, in-depth training or education on financial planning, there are some basic habits you can exhibit to put your children on a path to a better financial understanding.

- Talk about the importance of establishing good money habits. Sharing the lessons you have learned by making poor money choices can provide your children with the information they need to avoid repeating similar errors. Regular conversations regarding your personal and family finances can go a long way toward helping your children get on the right foot when it comes to making their own money decisions.
- Demonstrate good money habits. Children pay attention to how their parents handle financial decisions and transactions. While it may be easier to pull out the credit or debit card when making purchases, paying with cash gives youngsters a better understanding of what takes place during a financial transaction and how you are trading your money for the goods or services you receive. This can make an impact as they think about how they want to trade the money they have in their piggy bank.
- When you do use plastic to buy something, make sure you show your children how that purchase will affect the balance in the bank account and explain the importance of paying off a charge card upon receiving a monthly statement to avoid paying expensive interest charges or late fees. Be realistic about your spending habits.
- Don't spend money you don't have - this includes using a credit card if you aren't able to pay the balance in full when the bill arrives. Set savings goals for extra items you are interested in purchasing. This will allow you to stay true to your budget and will help teach your children a valuable lesson that something really worth having will still be important to them when they have saved enough money to buy it. A good rule of thumb is to wait 30 days before purchasing extra items. Often, at the end of that time period, people realize that what they thought they wanted to have initially they really don't need or want.
- Talk to your children about the value of working and earning money to acquire the things they need and want. This can be as simple as doing chores for neighbors, mowing yards and walking dogs. Once they start earning their own money, the concept of saving and careful spending will mean much more and they will have a better understanding about the value of making well-thought out decisions about money. In addition to using online resources, such as those on [Yes, You Can](#) and [kids.gov](#), traditional board games, like Hasbro's popular [Monopoly®](#) or [The Game of Life®](#) also help reinforce these important financial messages you have been sharing.

9/22/2015

homecoming supper flyer 2015.jpg



THIS HOMECOMING TAILGATE SUPPER!
Come Join the Party!
TREYNOR VS. RED OAK

FRIDAY, OCTOBER 2, 2015
TREYNOR HIGH SCHOOL COMMONS
4:30PM-6:30PM

MENU **B&B'S PORK SANDWICH**
BAKED BEANS, CHIPS,
DILL PICKLE, BEVERAGES
& Home-Made **PIES & OTHER DESSERTS!**

KIDS MEAL INCLUDES:
1/2 PORK SANDWICH, HOT DOG OR BONELESS WINGS
MEAL PRICES: ADULT \$8 - KIDS \$4
TO GO ORDERS AVAILABLE!

FACE PAINTING
 BY THE CHEER
COLORING CONTEST
 FOR THE KIDS
BAGS GAME AVAILABLE

TEAM RAFFLE!
 PROCEEDS WILL BE
 DONATED BACK TO
 THE TEAM

THE HOMECOMING DINNER IS A FUNDRAISER FOR JUNIOR TREYNOR WOMEN. ALL PROFITS ARE USED TO SUPPORT THE TREYNOR COMMUNITY & SCHOOL.

SUPPLIES WILL BE AVAILABLE TO MAKE SPIRIT BANNERS FOR THE GAME!


JTW

October 2015



Happy Halloween!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 CC @ Shen 4:00 Volleyball @ Lo-Ma JH 4:00 9th 6:00 JV 6:00 Varsity 7:30	2 HOME-COMING Football Red Oak Here 7:00 	3 Marching Band Contest @ Clarinda Homecoming Dance in MS Commons
4	5 CC @ Wood- bine 4:30 JV FB @ Tri- Center 6:00	6 JH FB T-C Here 4:30 VB Riverside Here JH 4:15 JV 6:00 Varsity 7:30	7 TEACHER INSERVICE 1:00 P.M. EARLY DISMISSAL	8 CC @ Atlantic 4:00 VB @ MV JH 4:15 9th 6:00 JV 6:00 Varsity 7:30	9 Football @ West Monona 7:00	10 Marching Band Contest @ Glen- wood JV Volleyball @ Abraham Lincoln
11	12 WIC Volley- ball CC @ AHSTW 4:00 JV FB IKM-M Here 6:00	13 WIC Volleyball JH FB @ IKM-M 4:15	14 PSAT Test	15 WIC Volleyball	16 Football AHSTW Here 7:00	17
18	19 JV FB @ Gris- wold 6:00	20 Regional Volleyball	21 TEACHER INSERVICE NO SCHOOL	22 Regional-District CC 4:00 Here 9th FB AHSTW Here 6:00	23 Football @ OA-BCIG (Ida Grove) 7:00	24 All State Audi- tions @ Atlantic
25	26	27 Regional Volleyball	28 Football Playoff	29	30 End of 1st Quarter 2:00 EARLY DISMISSAL Regional VB	31 JH Honor Band @ Clarinda State Cross Country 

November 2015



Happy Thanksgiving!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 2:00 EARLY DISMISSAL P-T CONF 4:00-8:00 FB Playoff 2nd Q. Begins	3 2:00 EARLY DISMISSAL PARENT- TEACHER CONF. 4:00—8:00	4 Regional Volleyball	5	6 NO SCHOOL Musical 7:30 pm Foot- Ball Playoff	7 Musical 3:30 pm & 7:30 p.m. 
8	9 Girls BB Prac- tice Begins JH Boys BB @ Mo Valley 4:15	10 5th Grade Vocal Concert 7:00 8th Boys BB @ Glenwood 4:15 7th Boys BB Glenwood Here 4:15 State Volleyball	11 TEACHER IN- SERVICE 1:00 EARLY DISMISSAL State Volley- ball	12 JH Boys BB Lo-Ma Here 4:15 State Volley- ball	13 SWIBA JH Festival @ Lewis Central State Volleyball	14 Football Playoff
15	16 Boys BB & Wrestling Prac- tices Begin JH Boys BB @ IKM-M 4:15	17 Bluffs Jazz Festival @ Abraham Lin- coln Financial Aid Meeting 7:00	18	19 All State Festi- val in Ames JH Boys BB @ Under- wood 4:15	20 All State Festival in Ames State Football	21 All State Festival in Ames
22	23 JH Boys BB Tri-Center Here 4:15	24	25 NO SCHOOL THANKS- GIVING VACATION	26 	27 NO SCHOOL THANKS- GIVING VACATION	28
29	30 JH Boys BB @ Riverside 4:15 BB @ ISD 6:00 9th & VG 7:15 9th & VB					



TREYNOR COMMUNITY SCHOOL

October, 2015 Breakfast & Lunch Menus



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Juice or Fruit Omelet WG Bagel K-5 WG Toast 6-12	2 Juice or Fruit Choice of Cereal WG Toast
(We reserve the right to make changes or substitutions as necessary.)			Baked Chick. Drumsticks Corn Fresh Veggies Peaches (4-12 Salad Bar)	Cardinal Burger Punt Chips Touchdown Vegetables First Down Fruit (No 2nd Choice)
5 Juice or Fruit (1/2 c. required) Choice of Cereal Breakfast Bar	6 Juice or Fruit French Toast Sticks w/ syrup	7 Juice or Fruit Choice of Cereal Breakfast Bar	8 Juice or Fruit Breakfast Bagel K-5 Biscuits & Gravy 6-12	9 Juice or Fruit Choice of Cereal WG Toast
Pizza 6-12 Cheese Breadsticks K-5 Fresh Garden Salad Cucumber Slices Peaches (6-12 Salad Bar)	Chicken Parmesan 6-12 Popcorn Chicken K-5 Carrots Couscous 9-12 Pears & Brownie (4-12 Salad Bar)	Beef & Noodles 6-12 Chicken & Noodles K-5 Mashed Potatoes Green Beans Pineapple/Mand. Orange (4-12 Salad Bar)	Beefy Taco Lettuce, Cheese, Salsa Refried Beans Fresh Fruit (4-12 Salad Bar)	Grilled Chicken on Bun Oven French Fries Mixed Vegetable Pineapple/Oranges (No 2nd Choice)
12 Juice or Fruit (1/2 c. required) Choice of Cereal Granola Bar	13 Juice or Fruit Pancake w/Syrup Sausage Links	14 Juice or Fruit Choice of Cereal Bagel K-5 Biscuits/Gravy 6-12	15 Juice or Fruit WG Breakfast Pizza	16 Juice or Fruit Choice of Cereal WG Toast
Chicken Fried Steak Mashed Potatoes/Gravy Peas Pineapple (6-12 Salad Bar)	Mr. Ribb on Bun Green Beans Pears Cake (4-12 Salad Bar)	Chili 6-12 Chick. Noodle Soup K-5 Fresh Veggies Crackers—Applesauce Cinnamon Roll (4-12 Salad Bar)	Chicken Nuggets Potato Puff WG Bread Watermelon (4-12 Salad Bar)	Hot Dog Baked Beans String Cheese Peaches (No 2nd Choice)
19 Juice or Fruit (1/2 c. required) Choice of Cereal Long John Donut	20 Juice or Fruit Pancake on Stick Syrup	21 NO SCHOOL	22 Juice or Fruit Eggs WG Bagel K-5 WG Toast 6-12	23 Juice or Fruit Choice of Cereal WG Toast
Super Nachos WG Chips Bean Salsa Corn Applesauce (6-12 Salad Bar)	Pork Fritter on Bun Broccoli/Cheese Sauce Peaches Rice Krispie Bar (4-12 Salad Bar)	NO SCHOOL	Deli Sub Fresh Veggies Potato Wedges Strawberries/Bananas (4-12 Salad Bar)	Stir Fry 6-12 Chicken Nuggets K-5 Rice Green Beans K-5 Pineapple/Oranges (No 2nd Choice)
26 Juice or Fruit Choice of Cereal WG Poptart	27 Juice or Fruit French Toast Sticks Syrup	28 Juice or Fruit Choice of Cereal Bagel K-5 Biscuits/Gravy 6-12	29 Juice or Fruit Egg WG Bagel K-5 WG Toast 6-12	30 Juice or Fruit Choice of Cereal WG Toast
Corn Dog Macaroni & Cheese Peas Peaches (6-12 Salad Bar)	Meatball Sub Corn Fresh Veggies Pears Blonde Brownie (4-12 Salad Bar)	Walking Taco WG Chips & Salsa Peas Applesauce (4-12 Salad Bar)	Chicken Patty on Bun Triangle Potatoes Vegetable Salad 6-12 Fresh Fruit (4-12 Salad Bar)	Fiestada 6-12 Pizza K-5 Fresh Veggies Pineapple Chunks (No 2nd Choice)

Elementary: \$1.25 Breakfast—\$2.00 Lunch; Extra Milk \$0.50

MS-HS: \$1.25 Breakfast—\$2.15 Lunch; Extra Milk \$0.50

Breakfast includes 100% juice or fruit (1/2 cup required) and a milk choice. All lunches include a fruit choice available each day, whole grain bread and buns are served along with a daily milk choice. It is the policy of Treynor Community School not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, or religion in its programs, activities or employment practices as required by the Iowa Code Section 216.7 and 216.9. If you have questions or grievances related to compliance with this policy by Treynor Community School, please contact the Iowa Civil Rights Commission, Grimes State Office Building, 400 E. 14th St., Des Moines, IA 50319-1004; phone number 515-281-4121, 800-457-4416; website: <http://www.state.ia.us/government/crc/index.html>.



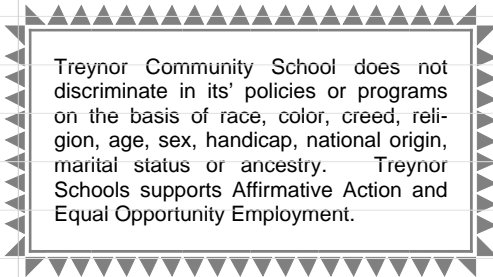
**Trey nor Community
School**

PO Box 369
Trey nor, IA 51575
Phone: 712-487-3414
Fax: 712-487-3332



POSTAL CUSTOMER

ADDRESS SERVICE REQUESTED



MARK YOUR CALENDAR!

- Oct. 2 Meal Deal lunch from 11:30—1:30 in Zion Church parking lot
Early Dismissal at 1:00 p.m. for Homecoming
1:00 Pep Rally
1:45 Parade
3:00 Carnival
4:30—6:30 JTW Tailgate Supper @ HS Commons
7:00 Football game vs. Red Oak
- Oct. 7 Early Dismissal at 1:00 p.m. for Teacher Inservice
- Oct. 21 No School—Teacher Inservice
- Oct. 30 Early Dismissal at 2:00 p.m. for End of 1st Quarter

