

Treynor Community School

"COMMITTED TO EXCELLENCE"



NEWSLETTER

October, 2018

2018-2019: We Are on Our Way!

Student Enrollment

We have approximately 840 students in our district. Class size at the elementary ranges from 18-22 students. The middle school has 204 students. The high school has 256 students. I have been in several classrooms as have the principals, and we are impressed with the engagement of students in their learning. Excellence is expected and excellence is achieved.



Learning has been a priority—for all of us!

Official count day is October 1. This is the day that determines the financial support from the State.

Bond Election

Thank YOU! We were successful with the bond election – thanks to all of you who chose to vote YES for your kids' future. And a special thank you to Keith and Carla Christensen and their Vote Yes! Team, who shared information via brochure, yard signs, radio spots, and three informational meetings before the election. And thanks to the JOI Club for sharing brochures in the neighborhoods of Treynor.

Special points of interest:

- ✓ Use Treynor Community School's website to access all school news, information and activities.
- ✓ Thank you to all for a successful bond election.
- ✓ The State's Every Student Succeeds Act plan is now in effect.
- ✓ Students are now represented at school board meetings.
- ✓ Go Cardinals!

We are now working with the architect in the "design phase," which means they will be working on the drawings with specificity so that we can go out for bids by February and hopefully be able to start work on the bus garage and the auditorium as soon as school is out.

Every Student Succeeds Act (ESSA)

You probably have heard it bandied about before – the Every Student Succeeds Act (ESSA). At least conceptually. But the beginning of this school year, the tires hit the pavement: the state's ESSA plan is now in effect.

For some, the impact of the new federal accountability system will be substantial. But for most, including Treynor, ESSA's effect on educators' day-to-day work will be negligible.

That's because the plan builds on the work already done in the state over the last six years. We will continue to see an emphasis on teacher leadership, literacy, and math. While proficiency is still a part of ESSA, the new accountability system has a much greater focus on student growth as well as measures that go beyond statewide assessments.

Proficiency, Culture for Learning, and a host of [other measurements](#), will be put into the ESSA Report Card, scheduled to come out late this fall. Although the state has its own [State Report Card](#) as required by the Legislature, the two report cards are eventually going to be merged into one, which will satisfy both federal and state requirements.

Inside this issue:

Free Lunch	2
Elementary	3
Middle School	4
High School	5
Yearbook Senior Ad	6
Open Enrollment	7
School Musical	7
Curriculum	8-11
Page Program	11
Calendars	12-13
Menus	14

We will keep you posted when the new ESSA Report Card is received.

Transgender

Our attorney, Brett Neitzschke, provided a presentation and question/answer session on Monday evening, September 24, on "Transgender Students in the Educational Setting." The focus was on the state law as well as the rights and responsibilities of all students, including the transgender student. The PowerPoint is posted on the TCSD web site. Teachers and students are also increasing their understanding of the law, the expectations at school, and our responsibility in demonstrating an inclusive environment for all our students. Students with questions or experiences that make them uncomfortable should report it to their building principal. Any rumors heard by either students or parents should also be reported to the building principal so that we can address them immediately.

I will be meeting again with the architect to finalize plans to increase privacy in our restrooms. The architect is also including gender neutral restrooms/locker rooms as we finalize the blueprints for the renovations in the middle school area.

Students on the Treynor Board of Education

At our October 8, 2018, board meeting we will be welcoming two students – Kyle Christensen and Alora Nowlin. We are excited to have the student perspective at the table.

Board Policy 202.6 states the following:

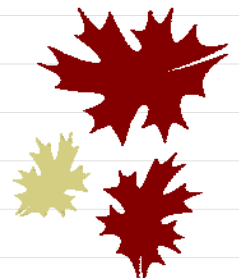
The Board of Education of the Treynor Community School District believes it is important to seek out and consider student ideas, viewpoints, and opinions regarding the district's educational program. To provide student input, the Board shall include at least one non-voting representative from the student body.

Student school board representative eligibility and duties:

- The student school board representative shall be a full-time high school junior or senior student in the district;
- The student school board representative shall participate in an orientation of board responsibilities and procedures as determined by the Superintendent;
- The student school board representative shall be eligible to participate in discussion, but not vote, at all regular board meetings held in open session;
- The student school board representative shall be responsible for communicating board decisions and information to the student body; and
- The student school board representative will be provided with and shall abide by all applicable sections of the Board Members' Code of Ethics.

Make your October the best ever!

Lou Howell, Interim Superintendent



FREE OR REDUCED PRICE BREAKFAST/LUNCH

Application forms for free or reduced price breakfast and lunch are available in the Superintendent's Office or on the school website under the Parent tab and then Registration Information. Application can be made any time during the school year. If you have any questions or need further information, please call 712-487-3414 or email smaguire@treynorcardinals.org.

FROM THE ELEMENTARY PRINCIPAL'S DESK



The 2018-19 school year is off to a great start. To see 400 smiling faces hop off of buses and out of cars with such enthusiasm and eagerness to learn is inspiring. I am proud to be part of our school community here in Treynor!! It is clear that the words "Treynor Pride" are something that our students feel and spread throughout the building and the community.

So far, students have been busy with all the different activities going on at the school which include: Number Talks, Guided Reading, Cards for Success drawings, TS Bank/Cardinal Branch opening, Boy Scouts, Class of the Month Pizza Parties and we can't forget HOMECOMING. We are looking forward to our Fall Harvest parties and Parent-Teacher Conferences this month.

Just a quick reminder regarding Elementary Drive and parking along the fire lane. If you are going into the building for ANY length of time before 8:30 a.m. or after 3:00 p.m., please pull into a parking stall or park your vehicle down towards the east end of the building. Also, please pull over to the side of Elementary Drive when dropping off and picking up students. Remember, Elementary Drive is ONE WAY between 8:00—9:00 am and 3:00—4:00pm Thanks for your assistance and helping us keep our kids safe.

Feel free to stop in and say hello anytime or if you have concerns, please call me at 712-487-3422 or email me at jkay@treynorcardinals.org. Thanks for all of your support!

Mrs. Jillian Kay
Treynor Elementary Principal

UPCOMING ELEMENTARY EVENTS

October 10	1:00 p.m. Early Dismissal—Teacher Inservice
October 18	Fundraiser Kickoff
October 24	1:00 p.m. Early Dismissal—Teacher Inservice
October 26	1:00 p.m. Early Dismissal—End of 1st Quarter
October 29	2:00 p.m. Early Dismissal—Parent-Teacher Conferences Parent—Teacher Conferences 4:00—8:00 p.m.
November 1	2:00 p.m. Early Dismissal—Parent-Teacher Conferences Parent—Teacher Conferences 4:00—8:00 p.m.
November 2	No School



NOTES FROM THE MIDDLE SCHOOL PRINCIPAL MRS. BERENS



October 10 **Early Dismissal @ 1:00 for
Teacher Inservice**

October 24 **Early Dismissal @ 1:00 for
Teacher Inservice**

October 29 **Early Dismiss @ 2:00—**

November 1 **Parent-Teacher Conferences**



Check out happenings in the Middle School!

We are off to a busy, but great start this school year in the middle school! Earlier in September our students selected two boys and two girls from each grade level to be student council members. These students have already met a couple of times to plan for the school year's activities, including Red Ribbon Week, fundraising activities during half-time of basketball games, and a couple of fun activities later in the year. Those students selected for student council are as follows: Kallie Danker, Andyn White, Benjamin Casey, Kyle Beekhuizen, Addilyn Branson, Maili McKern, Guy Shipley, Levi Young, Rafe Gayer, Alan Young, Grace Alff, and Morgan Darrah. Congratulations to all of these young leaders!

I'd like to remind our parents that Treynor Community Schools adopted a new strategy for lockdown procedures last year known as the A.L.I.C.E. program. A.L.I.C.E. is an acronym for Alert, Lockdown, Inform, Counter, and Evacuate. Prior to the A.L.I.C.E., lockdown procedures involved the staff locking their doors, moving the students to a part of the room where they could not be seen, and quietly remaining there until an "all clear" announcement was given. A.L.I.C.E offers a different philosophy in light of case studies completed by law enforcement around school violence. The philosophy of A.L.I.C.E. is to use technology and information in a way so that staff and students can make informed decisions in a crisis, remove as many people as possible from the danger zone, and provide realistic training so that those involved in a crisis have a better chance of surviving. The middle school will have at least two drill dates, one per each semester, this school year. We know that drills are a very important aspect of being prepared for emergency situations and this would include armed intruders.

In closing, I wanted to let parents know that the district's TAG teacher, Becky Thompson, will be working with our middle school teachers and students throughout the year. In the very near future, she will be meeting with any student interested in "Battle of the Books." This is a fun opportunity for seventh and eighth graders to experience a variety of books, test their knowledge and understanding of what they've read and compete with other readers from area schools in Southwest Iowa. Teams of students read books from a list of 20 award winning titles and then "battle" over questions pertaining to each book. In April the top 20 area teams will compete in the Ultimate Battle for the victor's title. We feel that this will be a great way to promote reading, but also an outlet for those students who already love to read.

Please know that if you ever have any concerns or questions please feel free to call or stop by my office. Thanks for all of your support!

Mrs. Berens
Middle School Principal



The Homecoming King and Queen finalists were:

King:	Erik Anderson Kyle Christensen Jerry Jorgenson Wynn Keller Brennon Mauer	Queen:	Noel James Hannah McIntyre Makenzie Putnam Konnor Sudmann Jessica Vohs
-------	--	--------	--

The Homecoming King was Jerry Jorgenson and the Homecoming Queen was Noel James.

I'm very much looking forward to another successful and eventful school year. Please don't hesitate to give me a call (712) 487-3804, ext. 1105, or send me an email, gmcneal@treynorcardinals.org, if you have any questions or concerns.

Gary McNeal
High School Principal

SENIOR ADS FOR 18-19 YEARBOOK

Parents and Supporters of the Class of 2019

Yearbook ads are a great way to celebrate student success and milestones and to reflect on the person your student has become. Show your pride and support your school at the same time. Visit www.jostensadservice.com to order and create your recognition ad.

The last day to order and design ads is March 2, 2019.

Prices are as follows:

Full Page	\$200
1/2 Page	\$100
1/4 Page	\$ 50
1/8 Page	\$ 25

Tips for creating your best ad:

- Photos will look better and fit better if your photo is the same direction as the picture box (horizontal vs. vertical orientation)
- Use clear, high resolution photos. If your photo is blurry, it will be blurry in the ad.
- Create the ad around your student and write a personal message that will be meaningful.
- Use the cropping tools on the website to crop out unnecessary background and focus on your student.

Questions? Call Jostens at (800) 358-0800 or email Mrs. Coughlin at ecoughlin@treynorcardinals.org.

THS

YEARBOOK

BREAKFAST-GIVE YOUR CHILD A HEALTHY START



Give your child a healthy start!

Mornings can be rushed, but it is important to make time for breakfast. Children can benefit from the School Breakfast Program! Studies show that school breakfast can raise test scores while improving classroom attentiveness and behavior. Make sure your kids start the school day with a healthy meal!

OPEN ENROLLMENT FOR 2019-2020

Parents/guardians considering the use of the open enrollment option to enroll their child/children in another public school district in the state of Iowa should be aware of the following dates:

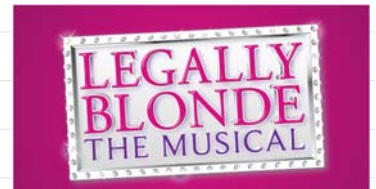
March 1, 2019: the last date for regular open enrollment requests for the 2019-2020 school year, except for “good cause” reasons or kindergarten applications.

Kindergarten applications must be filed on or before September 1 of the school year in which open enrollment is requested. (September 1, 2019 for the 2019-2020 school year).

For further details, contact the school Superintendent’s office at 712-487-3414.

TREYNOR TO PRESENT “LEGALLY BLONDE”

Treynor Music Department has announced the fall musical for 2018: *Legally Blonde The Musical*. A fabulously fun award-winning musical based on the adored movie, *Legally Blonde The Musical* follows the transformation of Elle Woods as she tackles stereotypes and scandal in pursuit of her dreams. Elle Woods appears to have it all. Her life is turned upside down when her boyfriend Warner dumps her so he can attend Harvard Law. Determined to get him back, Elle ingeniously charms her way into the prestigious law school. While there, she struggles with peers, professors and her ex. With the support of some new friends, though, Elle quickly realizes her potential and sets out to prove herself to the world.

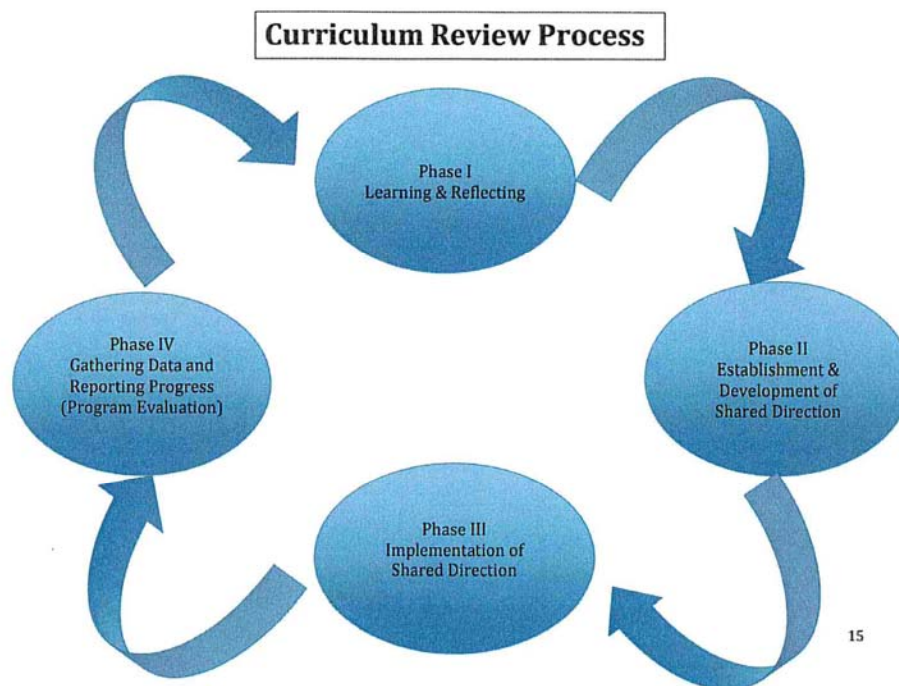


Ticket prices are students \$5 and adults \$10. Show dates and times are: Friday, November 2nd at 7:30 pm, and Saturday, November 3rd at 2:30 pm and 7:30 pm. Ticket reservations begin Friday, Oct 13th. Call Natalie Suden, Treynor Elementary Secretary, 712-487-3422 to reserve your seats.



CURRICULUM REVIEW PROCESS

Curriculum Newsletter



Last school year a committee was formed to participate in Phase I of our curriculum review process for science. Through this work, the vision and guiding principles for science at Treynor community schools were drafted. Phase II of the process involved extensive work by a team of teachers, administrators, AEA and state representatives. The drafts for the vision and guiding principles were revised and finalized and units were created for full NGSS (Next Generation Science Standards) implementation. Our science department is currently finishing work in Phase II and working in Phase III, which focuses on implementation as well as review of resources and instructional materials. We will be taking our updated science plan, including the final curriculum, to the board for final approval in early spring. Math will be the next subject area to be reviewed, and we will begin our community-based Phase I work this fall. We are excited to have a process in place to review our curriculum and focus on continuous improvement.

Vision for Science in the Treynor Community Schools

The students in the Treynor Community School District *experience* science. In an inquiry-based learning environment, the students *think* critically and creatively to *respond* to real-world problems and issues. They are actively *engaged and interact* with their peers across all grades levels, with their teachers as facilitators of their learning, and with the community outside the school walls. Their experiences in science build on previous knowledge that allows them to *achieve* at even higher levels, reaching the grade- and course-level expectations that enable them to make informed, evidence-based decisions.

Guiding Principles for Science

Developed by Phase I Team, Edited and Supported by Phase II Team

It is the belief of the Phase I Science Committee that the following principles should guide the teaching and learning of science in the Treynor Community School District and influence our decision and our actions, recognizing that as goals and strategies change, it is our principles that must remain steadfast.

- A strong foundational knowledge of science across grades K-12 should assure a balance between time spent performing field experiments and time spent learning the underlying theories of science.
- Students of science must be connected to Authentic Learning Experiences¹ where they are solving real-world problems through an inquiry- and question-based approach, which develop intellectually curious, high-achieving learners.
- A passion for science should be ignited and supported through the following:
 - a positive learning environment,
 - quality teachers as facilitators of learning,
 - collaboration among students and staff,
 - ongoing experiences with critical thinking and questioning,
 - appropriate resources,
 - engaged and informed family and community members who advocate for the students' learning and success.
- A safe learning environment is important for students of science to assure the freedom to make mistakes and even to fail in order to learn from those opportunities.
- Experiences in science are based on carefully designed, three-dimensional learning² with a coherent³ instructional sequence, which contain clear, focused learning goals, multiple opportunities to achieve the intended learning, investigation into careers in science, and assessments that inform instruction and provide evidence for the students' progress toward mastery learning.
- Effective teaching, with appropriate integration of English Language Arts(ELA)/literacy and mathematics,⁴ support for teacher learning, and resources are essential for the success of students of science.
- The district must remain cognizant of the importance of ACT test scores for impacting college acceptance and scholarship considerations.

¹ **Authentic Learning Experiences:** Students engage in the process of science as it is practiced in the authentic scientific community. Therefore, students should be working to "figure out" a scientific phenomenon or engineering problem and investigations should be focused on scientific phenomena that are relevant and important to their community and/or to them personally.

² **Three Dimensional Learning:** Instruction should be planned to ensure students explicitly utilize science practices (e.g., asking questions, planning and carrying out investigation, designing solutions) and cross-cutting concepts (e.g., cause and effect, patterns, systems and system models) to develop a deep understanding of the core ideas and to understand the relevance to the concepts(s).

³ **Coherence:** Lessons and units should build on discoveries from prior life experiences and/or background knowledge, student investigations and concepts covered in prior units and, when applicable, prior grade bands.

⁴ **ELA/Literacy and Mathematics:** While engaging in the science and engineering practices, students call on the skills of disciplinary literacy in order to make sense of phenomena.

Professional Development

For the 2018-19 school year the focus of our district professional development will be on the high impact strategies on which Robert Marzano and John Hattie agree that most impact student learning.

8 Strategies Robert Marzano & John Hattie Agree On

Strategy 1: A Clear Focus for the Lesson - It is important for you and your students to have a clear understanding of what you want them to learn in each lesson. A key to this strategy is learning targets, which help your students to focus on the entire lesson and what matters most.

Strategy 2: Offer Overt Instruction - Telling students what they need to know and showing students what they need to be able to do are essential aspects of teaching. It is important to use direct instruction and to give examples and non-examples of the concept being taught.

Strategy 3: Get the Students to Engage With the Content - In order for students to actively engage in content, students must link new information with their prior knowledge. They can do this by adding it to what they already know or using it to clarify some of the faulty assumptions they currently hold.

Strategy 4: Give Feedback - Students need to be given feedback while there is still time for them to improve. Feedback should be accurate, specific, and timely. Novice or struggling students need immediate feedback while more experienced students do better when they receive delayed feedback. The key is providing the feedback enough in advance so that they can improve before finishing the topic or completing the final assessment. It's the breakfast of champions!

Strategy 5: Multiple Exposures - In order for students to internalize new information, they need to be exposed to it several times. Giving students the time to practice what they have learned spaced out over time has proven to yield higher retention of information.

Strategy 6: Have Students Apply Their Knowledge - Helping students apply their knowledge deepens their understanding. Students that learn how to think deductively through guided practice are able to generalize their learning beyond the particular topic they are studying or task they are completing. Knowledge application also involves applying previously learned knowledge and skills when problem solving.

Strategy 7: Get Students Working Together - Students working with each other helps them to achieve better results. Collaboration involves students working together to solve problems, learn new material, answer questions, brainstorm ideas, and share knowledge. Marzano and Hattie also agree that inter-group competition can increase the effects of cooperative learning even more.

Strategy 8: Build Student's Self-Efficacy—This is simply the student's belief about his/her ability to successfully complete a task. Teachers can help build self-efficacy through genuine and specific praise.

COMMIT TO BE FIT!

The evidence is clear:

Healthy children = better learners

Research shows that kids who get regular physical activity aren't just exercising their muscles, bones, and hearts, but they are making their brains more fit also. Studies also show that when children eat a healthy breakfast, they see better math scores, better attendance, and reduced behavior issues. And we all know what happens when adults or kids consume too much sugar or unhealthy foods- we crash! Your local Wellness Committee cares about your children. We want them to meet their potential and good nutrition and regular activity encourages this!



2019 PAGE PROGRAM



The Iowa Senate, House of Representatives, and Legislative Services Agency invite Iowa high school juniors and seniors to apply for Page positions for the 2019 session of the Iowa General Assembly. Serving as a legislative page is a great opportunity for students.

Online applications can be found here: <https://www.legis.iowa.gov/careers>

The application forms can be completed by students and downloaded for signing,

<https://www.legis.iowa.gov/docs/careers/positions/additionalDocs/0C59AF9A-7805-42FD-A12F-4810E4A0821A.pdf>.

Living arrangements for Pages are not supervised or provided.

The deadline for receipt of applications is October 5, 2018.

October 2018



Happy Halloween!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 6:00 JV FB @ Underwood	2 4:15 JH FB @ Lo-Ma VB @ T-C 4:15 JH 6:00 9-10th 6:00 JV 7:30 Varsity	3	4 4:30 CC @ Atlantic VB Underwood Here 4:15 JH 6:00 9/10 & JV 7:30 Varsity	5 7:00 Varsity Football Missouri Valley Here	6 Marching Band @ Glenwood JV VB @ A.L. Council Bluffs 9 & 10 VB @ Red Oak
7	8 WIC VB Tournament 4:00 WIC CC @ Audubon 6:00 JV FB @ Tri-Center 6:30 Board Mtg.	9 WIC VB Tournament @ Lo-Ma 4:15 JH FB Here	10 1:00 EARLY DISMISSAL TEACHER INSERVICE	11 WIC VB Tournament @ Lo-Ma	12 7:00 Varsity Football MVA-OCOUCU Here Senior Night	13 State Marching Band Contest Here 9:00 VB @ Winterset
14	15 6:00 JV FB Lo-Ma Here	16 4:15 JH FB @ Tri-Center Regional Volleyball	17	18 Regional Cross Country	19 7:00 Varsity Football @ Cherokee	20 8:00 All State Music Festival District Auditions @ Atlantic
21	22 6:00 JV FB @ Red Oak Regional Volleyball	23	24 1:00 EARLY DISMISSAL TEACHER INSERVICE	25 Regional Volleyball	26 1:00 EARLY DISMISSAL End of 1st Quarter Football Playoffs	27 State Cross Country @ Fort Dodge JH Honor Band Auditions @ Clarinda
28	29 Begin 2nd Quarter 2:00 DISMISS P-T CONF 4—8:00 p.m.	30 Regional Volleyball	31 			

November 2018



Happy Thanksgiving!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 2:00 EARLY DISMISSAL PARENT- TEACHER CONF. 4:00—8:00	2 NO SCHOOL Musical 7:30 pm Football Playoff	3 Musical 3:30 pm & 7:30 p.m.
4	5 Girls BB Prac- tice Begins 4:15 JH Boys BB IKM-M Here	6 4:00 8th Boys BB @ Glenwood 4:00 7th Boys BB Glenwood Here State Volleyball 7:00 5th Grade Concert in Audi- torium	7 1:00 EARLY DISMISSAL TEACHER IN- SERVICE State Volley- ball	8 State Volley- ball	9 SWIBA JH Festival @ Lewis Central State Volleyball	10 Football Playoff
11	12 Boys BB & Wrestling Prac- tices Begin 4:15 JH Boys BB @ T-C School Board Mtg. @ 6:30	13	14	15 OPUS Honor Choir in Ames 4:15 JH B BB Riverside Here State Football G BB Jamboree @ Harlan	16 All State Festi- val in Ames State Football	17 All State Festival in Ames with 7:00 Concert
18	19 4:15 JH Boys BB @ Under- wood	20 3:45 7th Grade B BB @ Kim 4:15 8th Grade B BB Kim Here	21 NO SCHOOL THANKS- GIVING VACATION	22 	23 NO SCHOOL THANKS- GIVING VACATION	24
25	26 4:15 JH B BB AHSTW Here G BB JV/Var @ Harlan 6:00/7:30	27 Wrestling @ Woodbine G & B BB JV/V @ AHSTW 6:00/7:30	28 1:00 EARLY DISMISSAL TEACHER IN- SERVICE Progress Rpts.	29 4:15 JH B BB @ Audubon G & B JV BB @ ISD 6:00/7:15	30 6:00/7:30 G & B JV/V BB Tri- Center Here	



TREYNOR COMMUNITY SCHOOL

October, 2018 Breakfast & Lunch Menus



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Juice or Fruit (1/2 c.) WG Cereal Poptart	2 Juice or Fruit WG Pancakes Sausage	3 Juice or Fruit WG Cereal Breakfast Bar K-5 Grab 'n Go 6-12	4 Juice or Fruit Egg Omelet WG Toast	5 Juice or Fruit WG Cereal WG Banana Bread
French Toast Sticks Sausage Links Carrots & Hummus Warm Apples (6-12 Salad Bar)	Grilled Chicken Green Beans Onion Rings (6-12) Fresh Veggies Strawberry & Bananas (4-12 Salad Bar)	Chicken Noodle K-5 Chili 6-12 Crackers Celery & Carrots Applesauce Cinnamon Roll (4-12 Salad Bar)	Fried Chicken Drumsticks Mashed Potatoes/Gravy Peas Red Peppers WG Bread Peaches (4-12 Salad Bar)	Cheesy Garlic Bread Corn Spinach Garden Salad Yogurt 9-12 Pears WG Cookie (No Salad Bar)
8 Juice or Fruit (1/2 c.) WG Cereal WG Breakfast Bar	9 Juice or Fruit WG French Toast Sticks	10 Juice or Fruit Biscuits & Gravy	11 Juice or Fruit Egg WG Toast	12 Juice or Fruit WG Cereal Long John
Chicken Strips Broccoli & Cheese WG Bread 6-12 Carrots & Dip 6-12 Pears (6-12 Salad Bar)	Chicken Fried Steak Mixed Vegetables Mashed Potatoes/Gravy Peaches WG Bread 6-12 (4-12 Salad Bar)	Alfredo Chicken Green Beans Breadsticks Spinach Salad Fresh Fruit (4-12 Salad Bar)	Deli Sub Peas WG Chips Lettuce, Tomato, Onion Applesauce (4-12 Salad Bar)	Hot Dog Baked Beans Mozzarella Sticks 9-12 Fresh Veggies Pineapple (No Salad Bar)
15 Juice or Fruit (1/2 c.) WG Cereal Breakfast Bar	16 Fruit or Juice WG Mini Cinnamon Rolls Sausage	17 Fruit or Juice WG Cereal Breakfast Bar	18 Fruit or Juice Breakfast Pizza	19 Fruit or Juice WG Cereal WG Toast
Pancake Stick Triangle Potatoes Carrots & Broccoli Yogurt 9-12 Orange Smiles (6-12 Salad Bar)	Chicken Parmesan Marinara Sauce Green Beans Garlic Bread Pears (4-12 Salad Bar)	Nachos Fiesta Beans Corn Lettuce, Tomato, Cheese Applesauce (4-12 Salad Bar)	Hamburger on Bun Oven Fries Lettuce, Tomato, Onion Peaches Brownie (4-12 Salad Bar)	Chicken Nuggets Potato Wedges Fresh Veggies Applesauce WG Bread 9-12 (No Salad Bar)
22 Fruit or Juice (1/2 c.) WG Cereal Breakfast Bar	23 Fruit or Juice WG Pancake Stick	24 Fruit or Juice WG Cereal Breakfast Bar	25 Fruit or Juice Egg, Sausage & Cheese Biscuit	26 Fruit or Juice WG Cereal WG Strawberry Bagel
Mac & Cheese Corn Dog Mixed Vegetables Applesauce (6-12 Salad Bar)	Beef Tacos Black Bean Salsa Potato Coins Lettuce, Tomato, Cheese Pears (4-12 Salad Bar)	Chicken Sandwich Potato Wedges Fresh Veggies K-5 Broccoli Slaw 6-12 Fruit (4-12 Salad Bar)	Spaghetti & Meatballs Green Beans Bread Sticks Spinach Salad Peaches (4-12 Salad Bar)	Stir Fry Seasoned Rice Vegetables Pineapple/Oranges Cookie (No Salad Bar)
29 Fruit or Juice (1/2 c.) WG Cereal Breakfast Bar	30 Fruit or Juice WG Pancakes Sausage	31 Fruit or Juice WG Cereal Breakfast Bar		
Breakfast Pizza Sweet Potato Fries Veggie & Hummus Pears String Cheese 9-12 (6-12 Salad Bar)	Pork Fritter K-5 Pulled Pork Sand. 6-12 Cheesy Potatoes Green Beans Applesauce (4-12 Salad Bar)	Spooky Nuggets Web Fries Fresh Carrots Frog Eye Salad Pears Monster Cookie (4-12 Salad Bar)		
				(We reserve the right to make changes or substitutions as necessary.)

Elementary: \$1.35 Breakfast—\$2.35 Lunch; Extra Milk \$0.50

MS-HS: \$1.35 Breakfast—\$2.50 Lunch; Extra Milk \$0.50

Breakfast includes 100% juice or fruit (1/2 cup required) and a milk choice. All lunches include a fruit choice available each day, whole grain bread and buns are served along with a daily milk choice. Treynor Community School is an equal opportunity provider.



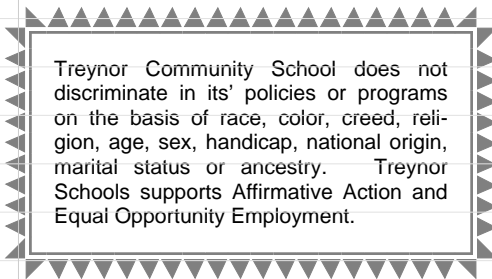
**Trey nor Community
School**

PO Box 369
Trey nor, IA 51575
Phone: 712-487-3414
Fax: 712-487-3332



POSTAL CUSTOMER

ADDRESS SERVICE REQUESTED



MARK YOUR CALENDAR!

October 10	1:00 Early Dismissal—Teacher Inservice
October 24	1:00 Early Dismissal—Teacher Inservice
October 26	1:00 Early Dismissal—End of 1st Quarter
October 29	2:00 Early Dismissal—Parent-Teacher Conferences 4:00—8:00
November 1	2:00 Early Dismissal—Parent-Teacher Conferences 4:00—8:00
November 2	No School
November 2	Musical 7:30 p.m.
November 3	Musical 3:30 p.m. & 7:30 p.m.

