

Treynor CSD MS & HS Breakfast MONDAY FRIDAY TUESDAY WEDNESDAY THURSDAY *Assorted Cereal/toast *Assorted Cereal/ toast *Assorted Cereal/ toast *Assorted Cereal/ toast *Assorted Cereal/ toast *French toast sticks *Sausage, egg, cheese, croissant *Cheese omelette/ toast *Pancake sausage wrap *Iced Donut Assorted Fruit Assorted Fruit Assorted Fruit Assorted Fruit Assorted Fruit Assorted Fruit Juice 11 12 13 14 *Assorted Cereal/ toast *Breakfast Tornado *Bacon, egg, cheese, croissant *Breakfast pizza *Biscuit and gravy *Iced Donut Assorted Fruit Assorted Fruit Assorted Fruit Assorted Fruit Assorted Fruit Assorted Fruit Juice 19 20 21 18 *Assorted Cereal/ toast *Assorted Cereal/ toast *Assorted Cereal/ toast *Assorted Cereal/ toast *Sausage, egg, cheese, croissant *Pancake sausage wrap *Cheese omelette/ toast *Iced Donut No School Assorted Fruit Assorted Fruit Assorted Fruit Assorted Fruit Assorted Fruit Juice Assorted Fruit Juice Assorted Fruit Juice Assorted Fruit Juice 25 26 27 28 *Assorted Cereal/ toast *Assorted Cereal/toast *Assorted Cereal/ toast *Assorted Cereal/ toast *Assorted Cereal/ toast *Breakfast Tornado *Bacon, egg, cheese, croissant *Breakfast pizza *Biscuit and gravy *Iced Donut Assorted Fruit Assorted Fruit Assorted Fruit Assorted Fruit Assorted Fruit Assorted Fruit Juice Assorted Fruit Juice Assorted Fruit Juice Assorted Fruit Juice Assorted Fruit Juice

Treynor Cardinals Café Info:

Breakfast Prices: reduced 0.30, elementary 1.50, 6-12th grade 1.75, adult 2.40

- -All Breakfast includes: choice of 100% juice and/ or assorted fruit, plus a milk choice.
- -*Indicates Entree choice
- -This institution is an equal opportunity provider. -Menu is subject to change



FEBRUARY

Treynor CSD MS & HS Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

*Crispito w/ Cheese sauce
*Cards Yogurt & Bagel Box
Fiesta Black Beans
Pears
Assorted Fruit & Veggie Bar

*Country Fried Steak

* Cards Pizza Box

Dinner Roll

Mashed Potatoes with gravy

Apple Slices

Fresh Fruits & Veggies

*Cheese Pizza

*Cards Italian Hoagie Box
Tossed Salad
Mixed Fruit
Assorted fruits & veggies

*Grilled Cheese with
Chicken Noodle Soup
*Cards PBJ Box
Steamed Broccoli
Pears
Assorted fruits and veggies

*Corn Dog

* Cards Pizza Box

Sweet Potato Fries

Orange Slices

Assorted fruits & veggies

FRIDAY

*Chicken Patty on Bun
*Cards Yogurt & Bagel Box
California Blend Veggies
Peaches
Assorted Fruits & Veggies

*Beef & Cheese Nachos
*Cards Pizza Box
Refried Beans
Apple Slices
Assorted fruits & Veggies

*Cheese Bites w/ Marinara Sauce *Cards Italian Hoagie Box Steamed Carrots Mixed Fruit Assorted fruits & veggies *Chili with Cinnamon Roll
*Cards PBJ Box
Tossed Romaine Salad
Carrot Sticks
Pears
Assorted fruits and veggies

*Hot dog on Bun

* Cards Pizza Box
Potato Smiles
Pineapple
Assorted fruits & Veggies

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No School

*Mac & Cheese with
Little Smokies

* Cards Pizza Box
Steamed Carrots
Pears
Assorted fruits & Veggies

* Fiestada

* Cards Hoagie Box
Tossed Romaine Salad
Peaches
Assorted fruits and veggies

*Pasta with meat sauce
*Cards PBJ Box
Garlic bread
Roasted Broccoli
Peaches
Assorted fruits & veggies

*Cheeseburger on Bun
* Cards Pizza Box
Potato Rounds
Applesauce
Assorted fruits & veggies

*French Toast Sticks
w/Sausage Links
*Cards Yogurt & Bagel Box
Sweet Potato Puffs
Pears
Assorted fruits & veggies

*Beef Soft Shell Taco *Cards Pizza Box Fiesta Black Beans Apple Slices Assorted fruits & veggies *Pizza Crunchers
w/ Marinara sauce
*Cards Italian Hoagie Box
Roasted Mixed Veggles
Orange Slices
Assorted fruits & veggles

*Popcorn Chicken

*Cards PBJ Box

Dinner Roll

Mashed Potatoes with gravy

Orange Slices

Fresh Fruits & Veggies

*Breaded Pork Fritter on Bun * Cards Pizza Box Roasted Broccoli Mixed Fruit Assorted fruits & veggies

Treynor Cardinals Café Info:

Lunch Prices: reduced 0.40, elementary 2.60, 6-12th grade 2.75, adult 4.85

All lunches include: Assorted fresh and canned fruit along with fresh vegetable choices available each day. Whole grain bread and buns are served daily.

Also with a daily milk choice. -*Indicates Entree choice - Menu Subject to change